

## Better Mental Health Grants List of successful applicants

| Organisation name                                   | Project summary   | Amount awarded |
|---|---|----------------|
| African Community<br>School                         | A training, support and empowerment programme for 40 marginalised Global Majority women.  | 51,388.70      |
| African Development and Advocacy Centre, AFRIDAC    | Working with 40 African and Caribbean Hackney residents to address gaps in the provision of culturally appropriate mental health service.   | 55,220.00      |
| Day-Mer, Turkish and<br>Kurdish Community<br>Centre | A programme of well-being support provided in a community setting for those isolated due to health, age, gender, welfare and being a refugee/migrant.   | 30,632.42      |
| Future Challenges                                   | 21-week "Over 50's Learning ICT" project, providing ICT equipment/materials/NHS apps for approximately 102 identified digitally excluded vulnerable African people over 50's at risk of mental health. The project aims to reduce inequality, increase knowledge of mental health apps and improve wellbeing of residents with complex mental health needs. | 6,500.00       |
| Holistic Support Ltd                                | Giving mothers the tools and confidence that they need to improve their mental health and employment prospects.   | 30,000.00      |
| Hoxton Trust, The                                   | A high-profile organic food growing initiative in The Hoxton Trust Community Garden, providing calm, supportive companionship and learning to improve the mental health of Hackney residents.   | 43,500.00      |
| Lighthouse  | Project supporting single women who have endured abusive or complex marriages and struggle with serious mental health issues.   | 46,000.00      |
| Studio Upstairs<br>(Dalston Branch)                 | 36 weeks of art-based activities to reduce isolation, improve mental health and creative opportunities for disadvantaged City and Hackney residents.  | 49,889.00      |
| Teen Action   | Early intervention mentoring support programme to address the social and personal development needs of children with existing, and emerging, complex mental health needs.   | 69,642.00      |